

Medication	Cautions	Side Effects	Dosage	Use	Availability
Bupropion SR 150	<p>Not for use if you:</p> <ul style="list-style-type: none"> • Currently use a monoamine oxidase (MAO) inhibitor • Use bupropion in any other form • Have a history of seizures • Have a history of eating disorders 	<ul style="list-style-type: none"> • Insomnia • Dry mouth 	<ul style="list-style-type: none"> • Days 1-3: 150 mg each morning • Day 4-end: 150 mg twice daily 	<p>Start 1-2 weeks before your quit date; use 2 to 6 months</p>	<p>Prescription Only;</p> <ul style="list-style-type: none"> • Generic • Zyban • Wellbutrin SR
Nicotine Gum (2 mg or 4 mg)	<ul style="list-style-type: none"> • Caution with dentures • Don't eat or drink 15 minutes before or during use 	<ul style="list-style-type: none"> • Mouth soreness • Stomach ache 	<ul style="list-style-type: none"> • 1 piece every 1 to 2 hours • 6-15 pieces per day • 2 mg: If smoking 24 cigarettes or less per day • 4 mg: If smoking 25+ cigs or chewing tobacco 	<p>Up to 12 weeks or as needed</p>	<p>OTC Only;</p> <ul style="list-style-type: none"> • Generic • Nicorette
Nicotine Inhaler	<ul style="list-style-type: none"> • May irritate mouth/throat at first (but improves with use) • Don't eat or drink 15 minutes before or during use 	<ul style="list-style-type: none"> • Local irritation of mouth and throat 	<ul style="list-style-type: none"> • 6-16 cartridges/day • Inhale 80 times/cartridge • May save partially-used cartridge for next day 	<p>Up to 6 moths; taper at end</p>	<p>Prescription Only;</p> <p>Nicotrol inhaler</p>
Nicotine Lozenge (2 mg or 4 mg)	<ul style="list-style-type: none"> • Do not eat or drink 15 minutes before or during use • One lozenge at a time • Limit 20 in 24 hours 	<ul style="list-style-type: none"> • Hiccups • Cough • Heartburn 	<ul style="list-style-type: none"> • 2 mg: If you don't smoke/chew for 30 minutes or more after waking • 4 mg: If you smoke/chew within 30 minutes of waking • Wks 1-6: 1 every 1-2 hrs • Wks 7-9: 1 every 2-4 hrs • Wks 10-12: 1 every 4-8 hrs 	<p>3-6 months</p>	<p>OTC Only;</p> <ul style="list-style-type: none"> • Generic • Commit
Nicotine Nasal Spray	<ul style="list-style-type: none"> • Not for patients with asthma • May irritate nose (improves over time) • May cause dependence 	<ul style="list-style-type: none"> • Nasal irritation 	<ul style="list-style-type: none"> • 1 "dose" = 1 squirt per nostril • 1 to 2 doses per hour • 8 to 40 doses per day • Do NOT inhale 	<p>3-6 months; taper at end</p>	<p>Prescription Only;</p> <p>Nicotrol NS</p>
Nicotine Patch	<p>Do not use if you have severe eczema or psoriasis</p>	<ul style="list-style-type: none"> • Local skin reaction • Insomnia 	<ul style="list-style-type: none"> • One patch per day • If > 10 cigs/day: 21 mg 4 wks, 14 mg 2-4 wks, 7 mg 2-4 wks • If < 10/day: 14 mg 4wks, then 7 mg 4 wks 	<p>8-12 weeks</p>	<p>OTC:</p> <ul style="list-style-type: none"> • Generic • Nicoderm CQ <p>Prescription:</p> <ul style="list-style-type: none"> • Nicotrol • Generic
Varenicline	<p>Use with caution in patients:</p> <ul style="list-style-type: none"> • With significant renal impairment • With serious psychiatric illness • Undergoing dialysis <p>FDA Warning: Varenicline patients have reported depressed mood, agitation, changes in behavior, suicidal ideation and suicide.</p>	<ul style="list-style-type: none"> • Nausea • Insomnia • Abnormal, vivid or strange dreams 	<ul style="list-style-type: none"> • Days 1-3: 0.5 mg every morning • Days 4-7: 0.5 mg twice daily • Day 8-end: 1 mg twice daily 	<p>Start 1 week before quit date; use 3-6 months</p>	<p>Prescription Only;</p> <ul style="list-style-type: none"> • Chantix
Combinations	<ol style="list-style-type: none"> 1. Patch+bupropion 2. Patch+gum 3. Patch+lozenge OR inhaler 	<ul style="list-style-type: none"> • See individual medications above 	<ul style="list-style-type: none"> • See individual medications above 	<p>See above</p>	<p>See above</p>